



## Weekly Newsletter

18<sup>th</sup> March 2022

Here's what's in the newsletter this week!

- ❖ Important dates for your diaries
- ❖ Headteacher weekly update
- ❖ Core Christian Value Awards
- ❖ **IMPORTANT NOTICE: NO NUTS**
- ❖ General Information
- ❖ FoSS weekly update



### Dates for your diaries

FoSS Curry & Auction Evening

Year 6 Parents - SATs Information Evening

Mothering Sunday Service, St. Stephen's Church

Outdoor Spring Concert for Parents (in playground)

FoSS Easter Fair – details to follow

Jubilee Celebration Family Picnic (on school field)

Bags2School Collection

Inset Day 21/22

Inset Days 22/23

Saturday 19<sup>th</sup> March 2022

Monday 21<sup>st</sup> March 2022 at 5pm

Sunday 27<sup>th</sup> March at 10am

Friday 8<sup>th</sup> April 2022 at 2.15pm

Friday 8<sup>th</sup> April 2022 3:30pm – 5pm

Friday 27<sup>th</sup> May 2022 at 2.15pm

Tuesday 7<sup>th</sup> June 2022

Monday 27<sup>th</sup> June 2022

1<sup>st</sup> & 2<sup>nd</sup> September, others TBC

Dear Parents and Carers,

Another week has sped by with the children continuing to amaze me with their energy and focus.

Our week started as always with Mindful Monday and our Worship theme was 'People who care for us'. The children's responses were so insightful including a response from one of our younger children about how we needed to also care about ourselves which led onto reflecting around the importance of self-compassion. It was also obvious that the children had a clear understanding of who their trusted adults are in school and how we all very much care for each other here.

The Sparsholt Wheel of Wellbeing keeps turning and it's so wonderful to see the children embracing every element. Take Notice Tuesday this week involved the children counting the monies raised from Friday's Humanitarian appeal for the British Red Cross. A staggering £685.00 was raised for this vital charity and we can't thank you enough for all of your support.

On Wellbeing Wednesday, a range of mindfulness activities took place in every classroom including mindful drawing, colouring and belly breathing.

Our Pupil Governors used Thoughtful Thursday to continue to plan their whole school Easter Sports Festival which will take place in the last week of the school term. They came up with some '*eggcellent*' activities that will keep all the children entertained.

Today is Feel Good Friday and yet again the children have helped others in our local, national and global community by supporting Comic Relief's Red Nose day. Humour and giggles have radiated across the school with colourful outfits, classic jokes, comedy sketches and everyone enjoying being together and having fun.

You should now have received a copy of your children's assessment information and targets. If you were unable to attend last week's virtual parent evenings, please can I encourage you to contact the school office so that we can arrange a time for you to discuss your child's progress with their class teacher. Working collaboratively really is such an important element of a child's education.

I really hope you all enjoy the beautiful spring sunshine forecast for this weekend and are able to get outside and do something fun.

Kind regards,

Mrs Hanratty

### Core Christian Value Awards

We were very proud to commend our Core Christian Value Award recipients in Celebration Worship today. Children from each class are nominated weekly for each of our Core Values: Courage, Compassion and Creativity.

	Courage	Compassion	Creativity
<b>Willow</b>	Arthur	Henry	Hemming
<b>Beech</b>	Lori	Jannah	George
<b>Maple</b>	Isaac	Cordelia	Seb
<b>Rowan</b>	Isabella	Scout	Amelia
<b>Oak</b>	Finn	Florrie	William N

These children will be coming home with a certificate letting you know why they have received their award.



## **IMPORTANT NOTICE!**

### **SERIOUS ALLERGIES**

We have a child in school who has a very serious allergy to sesame seeds and foods that contain sesame seed derivatives as well as nut and nut derivatives, which could result in a fatal anaphylactic reaction.

Therefore we want to ask all parents and carers to be incredibly vigilant with any foods that they send into school and ensure that they do not contain sesame based ingredients. Please read the list below carefully as you may not be aware of the foods sesame seeds may be contained in such as tahini, hummus, crackers, breads, bread sticks, burger buns, salads, cereal (health) bars, gomashio, halvah and falafel etc.

#### **Foods that May Contain Sesame:**

Asian cuisine (where sesame oil is used)  
Baked goods (ie bagels, bread, breadsticks, hamburger buns and rolls)  
Bread crumbs  
Cereals (ie granola and muesli)  
Crisps (ie bagel chips, pita chips, tortilla chips)  
Crackers (ie melba toast, sesame snap bars)  
Dipping sauces (ie baba ghanoush, hummus and tahini sauce)  
Dressings, gravies, marinades and sauces  
Falafel  
Hummus  
Flavoured rice, noodles, risotto, shish kebabs, stews and stir fry  
Goma-dofu (Japanese dessert)  
Herbs and herbal drinks  
Margarine  
Pasteli (Greek dessert)  
Processed meats and sausages  
Protein and energy bars  
Snack foods (ie pretzels, candy, Halvah, Japanese snack mix and rice cakes)  
Soups  
Sushi  
Tahini  
Tempeh  
Turkish cake  
Vegetarian burgers  
Sesame in Spices or Flavours  
Sesame may also appear undeclared in ingredients such as flavours or spice blends.

Please note that we continue to be a nut and nut derivative free school. If you are in any doubt about whether a food could contain sesame, nuts or nut derivatives, please do not send it into school with your child for their snack or as part of their packed lunch.

## General Information

### Sparsholt Cricket – Easter & Summer 2022

Sparsholt Cricket Club has many opportunities to get involved this season starting after Easter:



- **All Stars Programme for Years 1/2/3:**  
8 weeks of fun activities and coaching including a shirt, bag, bat & ball.  
Fridays evenings 4.30 – 5.30pm at Sparsholt CC, Locks Lane  
Sign up here: <https://ecb.clubspark.uk/AllStars/BookCourse/8048dfd8-3dff-47ef-9caf-34fe1c275d65>
- **Sparsholt U9s (Yrs 3 & 4):**  
Boys and girls  
Fridays 5-6pm at Sparsholt CC, Locks Lane.
- **Sparsholt U9 Girls (Yrs 3 & 4):**  
New this year (due to clash with street dance!)  
Tuesdays 4-5pm at Sparsholt CC, Locks Lane  
Further details to be confirmed!

During the Easter holidays we are also planning some U9 and U11 cricket camps.

If you would like more information, have any questions or interested in signing up, please contact Jim and Helen on [jimhelenley@gmail.com](mailto:jimhelenley@gmail.com)

#### Karis Kids/Downs Benefice film night

Over recent years, everyone at Sparsholt School has been extremely generous with your fundraising for the Karis Kids charity, so we thought we would like to say 'thank you' by putting on a special screening of the Disney film "[The Queen of Katwe](#)" for families and friends of the school in Sparsholt Memorial Hall on Saturday 2<sup>nd</sup> April. Doors will open at 6.30pm with screening from 7pm. Admission free and popcorn provided! See next week's newsletter for further details and a booking link - we look forward to seeing you there!

Carol Coleman  
Karis Kids Co-ordinator for the Downs Benefice



**FoSS Curry & Auction Night**  
**THIS SATURDAY at 7pm**  
**Winchester Racquets and Fitness Club**

**We look forward to seeing you there!**

