

Sparsholt C. E. Primary School

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Tuesday 14th December 2021

Dear Parents and Carers,

With COVID-19 case numbers rising in both children and adults, and continuing to rise substantially within our school community, I am writing to ask you all to be **even more vigilant around your children's wellbeing**.

It is **extremely important** to use lateral flow tests throughout this final week of the term and also during the holiday period.

Symptoms that children with COVID-19 have been experiencing recently include:

- Headaches, ear-aches, sickness, tummy-aches, sore throats
- Continuous coughs
- Loss of taste/smell
- High temperatures

The Government has now announced more changes to the rules regarding self-isolation, including for the Omicron variant. Please see below:

From Tuesday 14th December, people identified as a close contact of someone with COVID-19 – whether Omicron or not – should take an NHS rapid lateral flow test every day for 7 days to help slow the spread of COVID-19.

This applies to:

- Fully vaccinated adults (people who have had 2 jabs)
- All children aged 5 to 18 years and 6 months (regardless of their vaccination status)

If their lateral flow test is positive, they should self-isolate and get a PCR test to confirm the result. If the PCR is positive, they must self-isolate for 10 days. If the PCR test is negative, they no longer need to self-isolate but should continue to carry out the remainder of the daily lateral flow tests, and only need to isolate if there is a positive result.

It is an important time to make sure we are all working together as a community to follow essential public health advice. If you have any questions or concerns, please do contact the school.

Mrs Gwilliam
Deputy Headteacher

