

# Sparsholt C. E. Primary School

Woodman Lane, Sparsholt, Winchester, Hampshire, SO21 2NR

Telephone: 01962 776264

E-mail: [headteacher@sparsholt.hants.sch.uk](mailto:headteacher@sparsholt.hants.sch.uk)

[adminoffice@sparsholt.hants.sch.uk](mailto:adminoffice@sparsholt.hants.sch.uk)

[absence@sparsholt.hants.sch.uk](mailto:absence@sparsholt.hants.sch.uk)



12<sup>th</sup> September 2019

Dear Parents,

## Skipping Workshops held on Wednesday 18<sup>th</sup> September 2019.

I am delighted to inform you that we have invited Skipping Workshops to work with the whole school teaching different skipping skills to every class on Wednesday 18<sup>th</sup> September.

Skipping Workshops have presented demonstrations in over 2000 schools, represented Great Britain in international skipping events and appeared on many TV shows. Their aim is to encourage children and adults to skip for health, fun and fitness, whilst introducing modern and traditional skipping games including individual rope tricks, speed skills and Double Dutch, back into the playground.

The same high quality 'speed ropes' as used by the international team, will be on sale at school at a reduced cost of £4.00. The ropes are made to a high standard, are light and turn easily to allow children and adults to progress rapidly. Colour change solar ropes are £5. Adult ropes are also available for older siblings and your personal fitness/weight loss etc at £6 each, 4m 'family ropes' at £7.50 each and 2 x Double Dutch ropes for £12.

If you wish to purchase any ropes please put your cash or cheque (made payable to 'Skipping Workshops 3') in an envelope with your child's name and class on the front. Ropes will also be on sale after school on the day of the workshop.

Yours sincerely,

Jane Gwilliam

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## Skipping Workshops - Wednesday 18<sup>th</sup> September 2019

Name of Child: .....Class: .....

I would like to purchase

..... x children's ropes (£4.00 each)

.....x children's SOLAR rope (£5 each)

.....x adult ropes (£6 each)

.....x family ropes (£7.50 each)

.....x Double Dutch ropes (£12 each set)

I enclose payment of £..... (Cheques made payable to 'Skipping Workshops 3')

